



# Summer Safety

*with your pet*



**Summer in Maryland means sunshine, BBQs, and backyard fun, but for your pets, it also brings unique health risks.**

At Abbey Animal Hospital, we believe prevention is the best medicine. Whether you're heading to the beach, hosting a backyard BBQ, or just soaking up the sunshine with your four-legged friend, this checklist is designed to help you avoid the common pitfalls of warm weather.

**Print it. Post it. Stick it to the fridge.** Because a safe summer is a happy summer—for you and your pets.

Dr. Jay & the Abbey Team

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## Beat the Heat

- Never leave pets in a parked car
- Limit outdoor time during peak heat (10 AM–4 PM)
- Provide access to shade and cool water at all times

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## Hydration

- Refill water bowls frequently
- Bring water on walks and road trips
- Offer pet-safe frozen treats or ice cubes

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## Paw Protection

- Check pavement with your hand before walking
- Use booties if needed on hot surfaces
- Stick to grass or shaded paths

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## Pests & Parasites

- Stay current on flea, tick, and heartworm prevention
- Check pets daily for ticks after walks or playtime
- Keep grassy areas trimmed and clean



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## Noise & Safety

- Keep pets indoors during fireworks or thunderstorms
  - Use calming aids or consult your vet for anxiety solutions
  - Make sure ID tags and microchips are up to date
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## Fireworks & Anxiety

- Keep pets indoors during fireworks and thunderstorms
  - Ask us about calming supplements or prescriptions
  - Ensure your pet's ID tags and microchip info are current
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## Vet Visits – Don't Wait!

- Schedule your summer wellness checkup
  - Ask about travel safety, allergies, or dietary needs
  - Get updated on vaccines and dental care before you travel
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**Call or text Abbey Animal Hospital at  
(410) 256-0742 to book your pet's summer checkup!  
Or visit us online at [abbeyanimalhospital.com](http://abbeyanimalhospital.com)**